

# The Physician-Scientist: Rewards & Challenges

---

Ann Mullally, MD

Associate Professor, Harvard Medical School

Ulster Medical Society Meeting

Belfast, March 5<sup>th</sup>, 2020



@MullallyLab



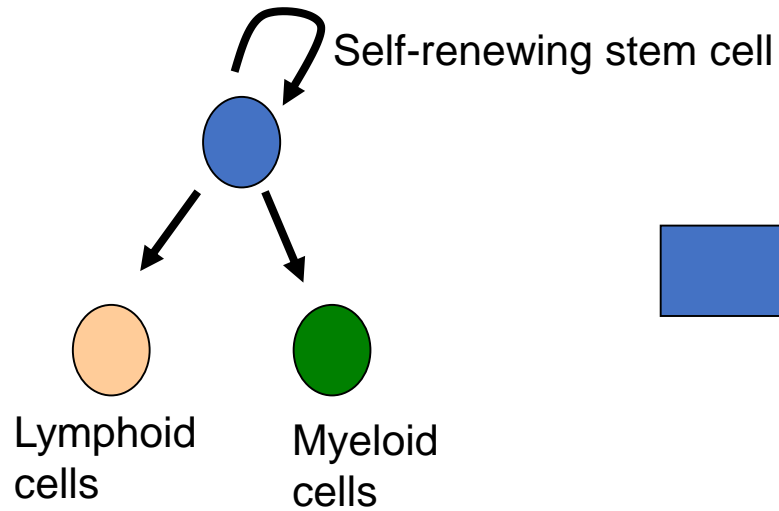
# Seminar Overview

---

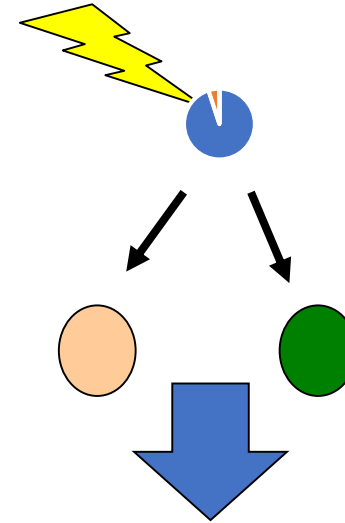
- Lab story #1: *JAK2*
- Lab story #2: *CALR*
- Challenges for the physician-scientist

# Myeloproliferative Neoplasm (MPN) Stem Cells

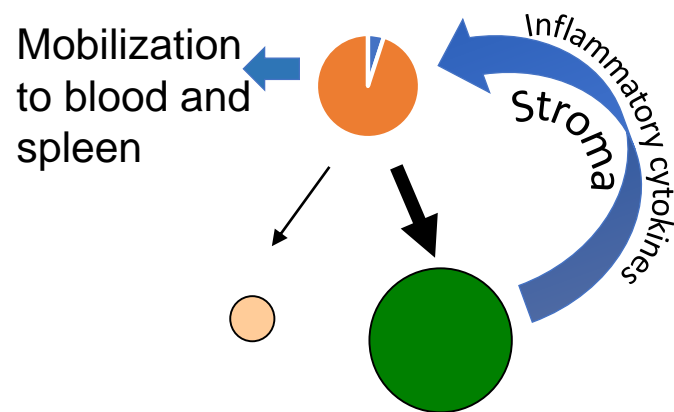
1. Normal haematopoiesis



2. MPN-initiating **mutation** in a single HSC

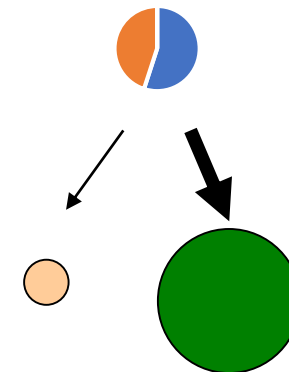


4. Cell-extrinsic impact of MPN clone on bone marrow niche



3. MPN Stem Cell

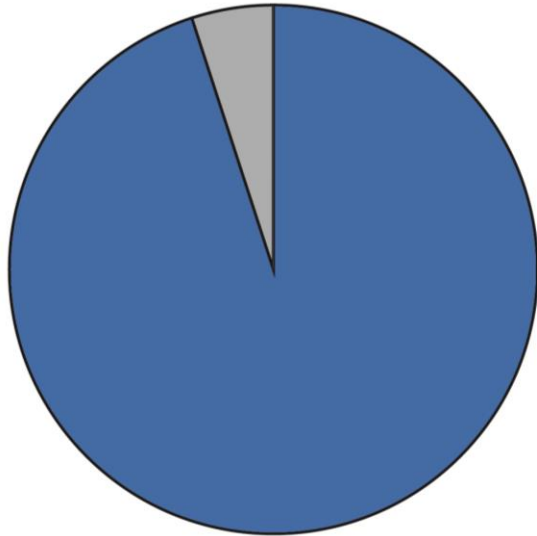
**Selective advantage** over normal HSC  
Myeloid lineage bias and **myeloproliferation**:



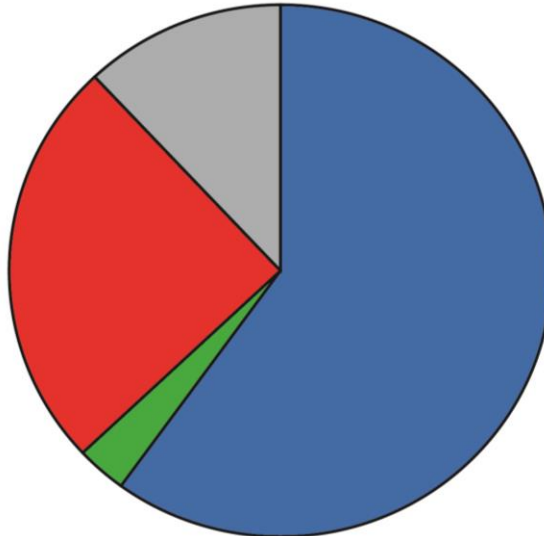
# MPN Disease-Initiating Mutations

---

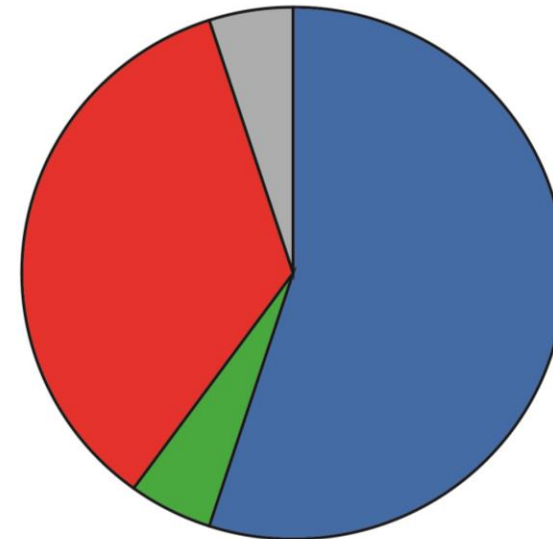
Polycythemia Vera



Essential Thrombocythemia



Myelofibrosis

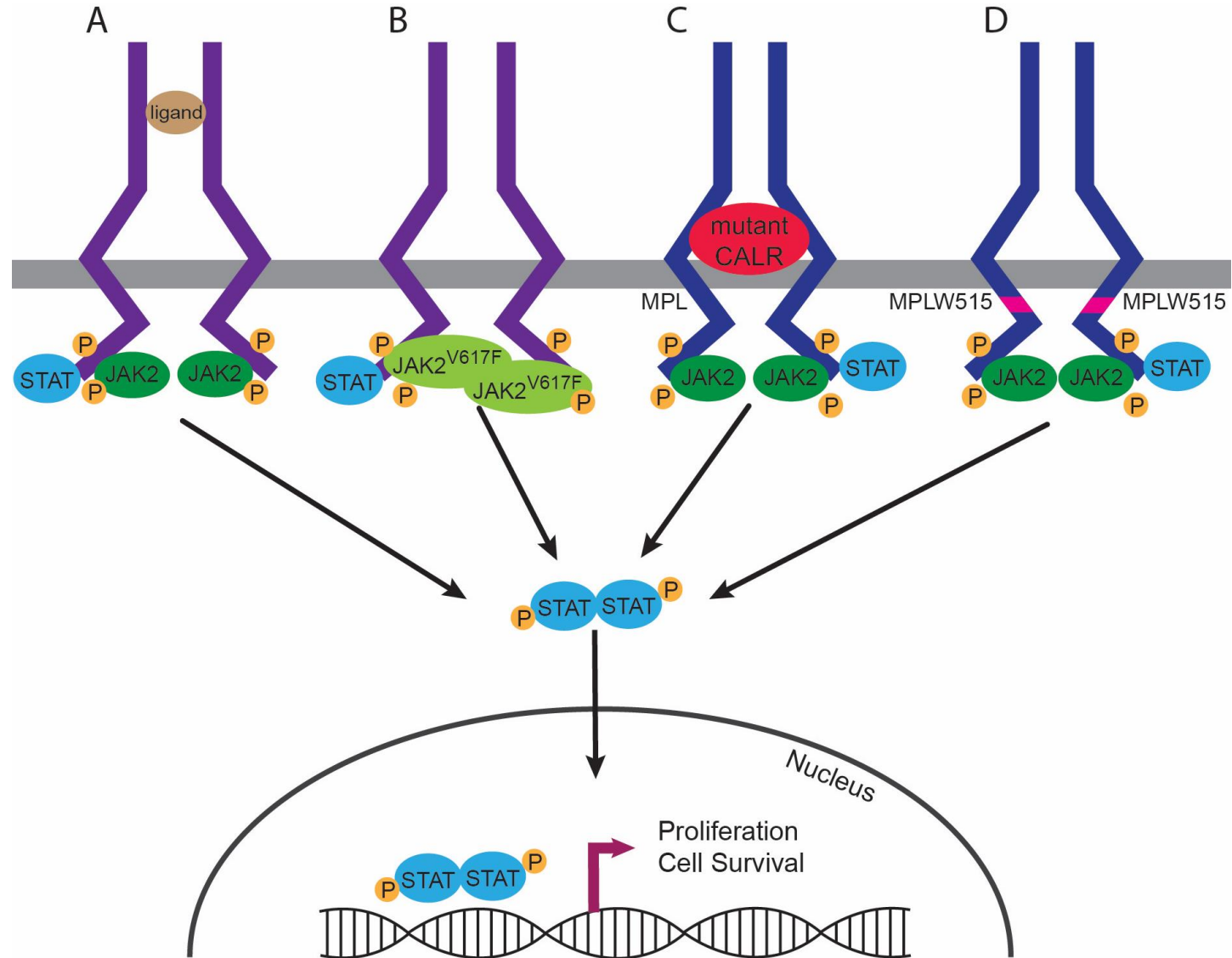


■ JAK2 mutated   ■ MPL mutated   ■ CALR mutated   ■ Triple negative

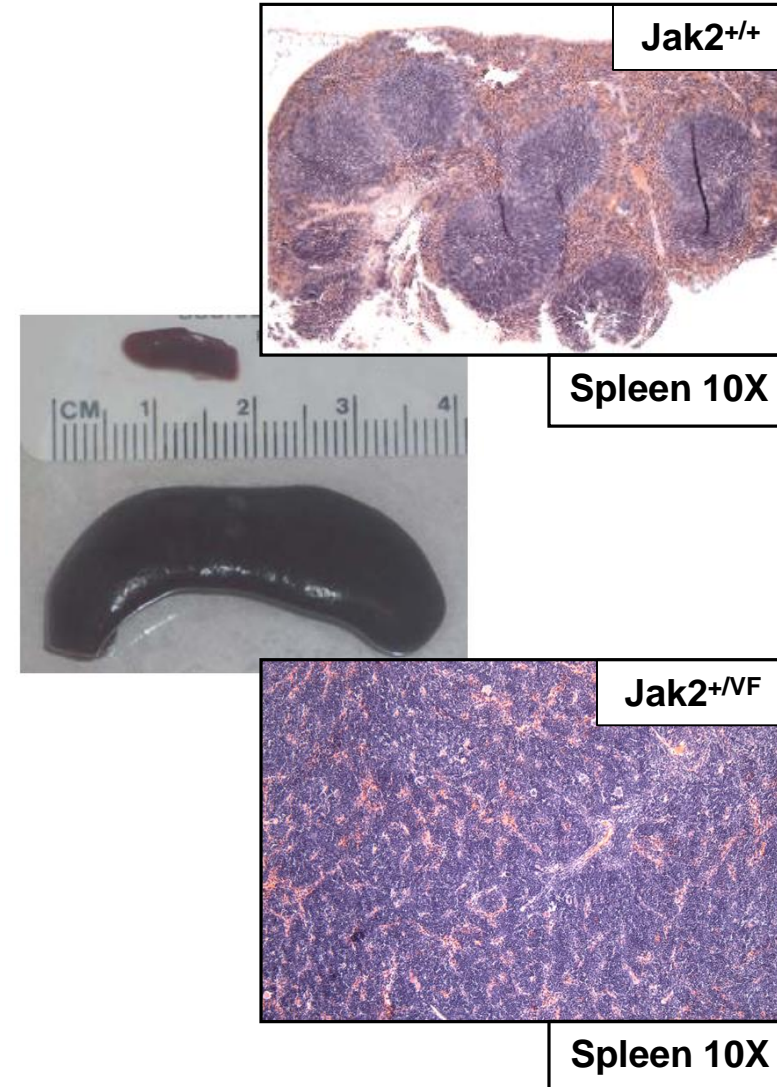
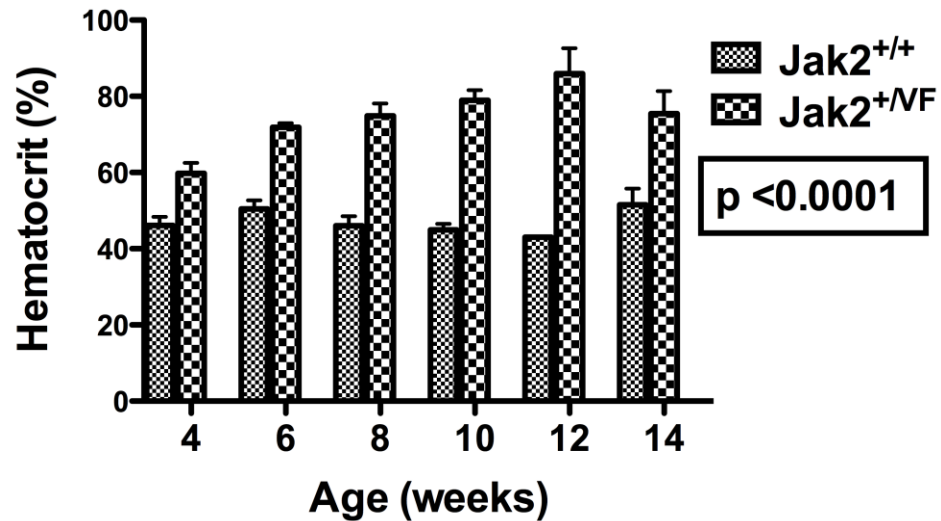
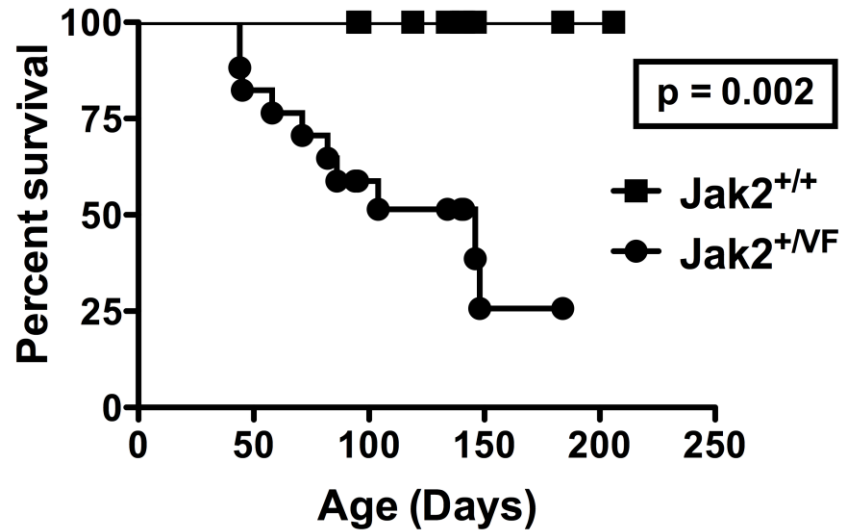
Baxter et al. *Lancet*. 2005 Mar 19-25;365(9464):1054-61.  
James et al. *Nature*. 2005 Apr 28;434(7037):1144-8.  
Kralovics et al. *N Engl J Med*. 2005 Apr 28;352(17):1779-90.  
Levine et al. *Cancer Cell*. 2005 Apr;7(4):387-97.

Pikman et al. *PLoS Med*. 2006 Jul;3(7):e270.  
Klampfl et al. *NEJM*. 2013 Dec 19;369(25):2379-90.  
Nangalila et al. *NEJM*. 2013 Dec 19;369(25):2391-2405

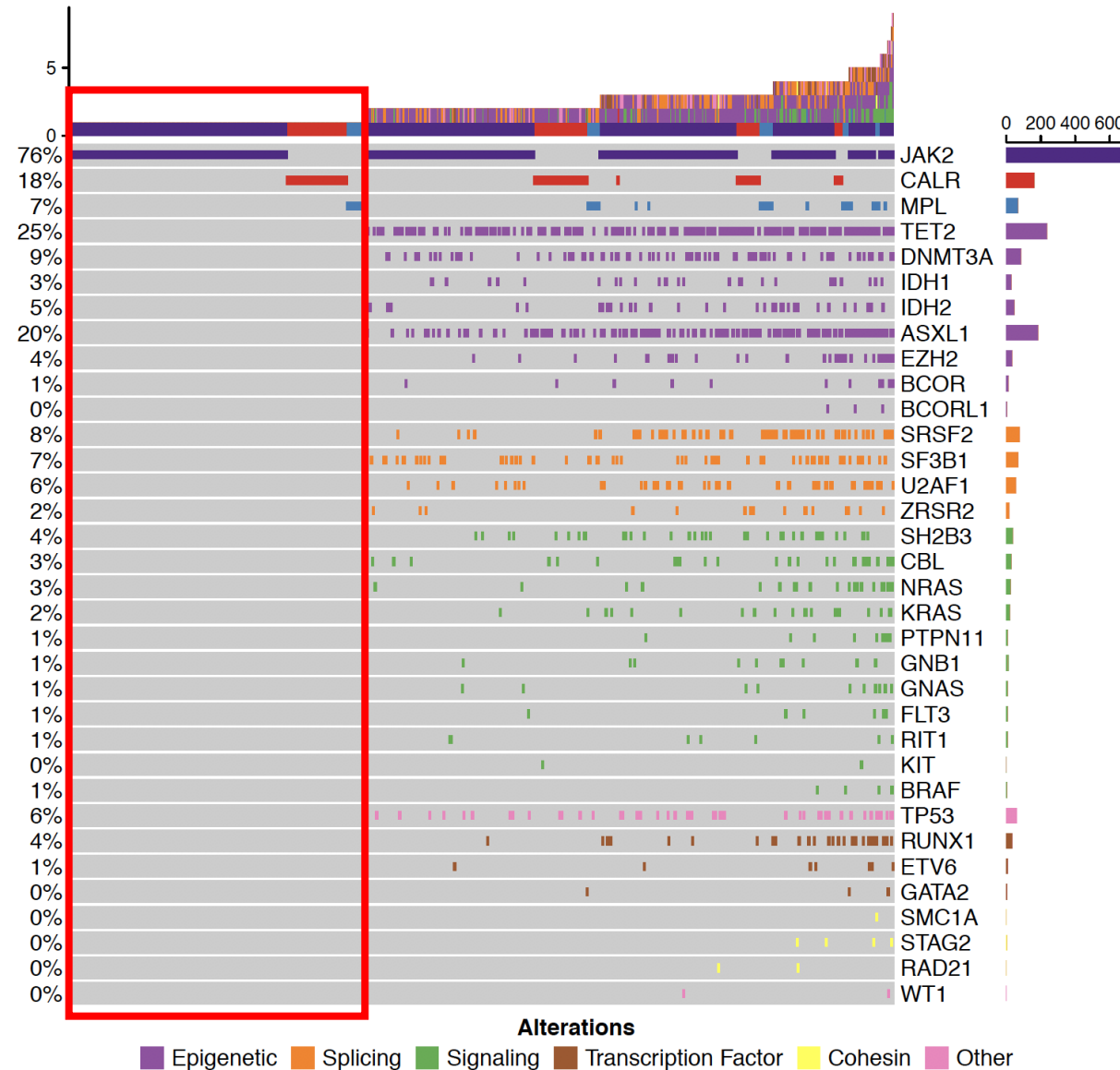
# Activated JAK-STAT signaling central to MPN pathogenesis



# Jak2V617F *alone* is sufficient to engender MPN in mice



# MPN phenotypic mutations are sufficient to cause MPN



Next generation Sequencing (NGS) data on approx. 750 MPN samples @ DFCI

# Patient case report

---

55yo M presents with erythrocytosis and pruritus

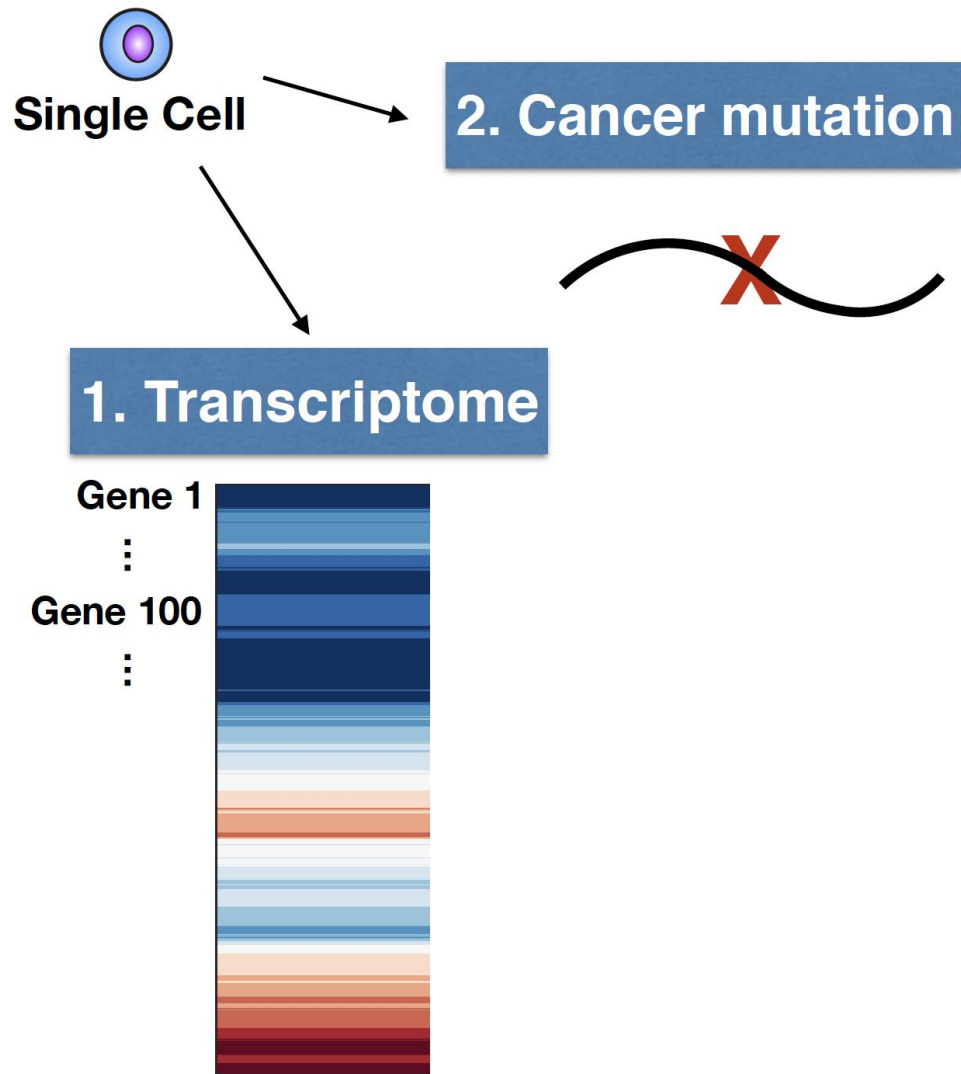
Severe coronary artery calcification on CT (no CV risk factors)

His father died at age 45 from acute MI (no CV risk factors)

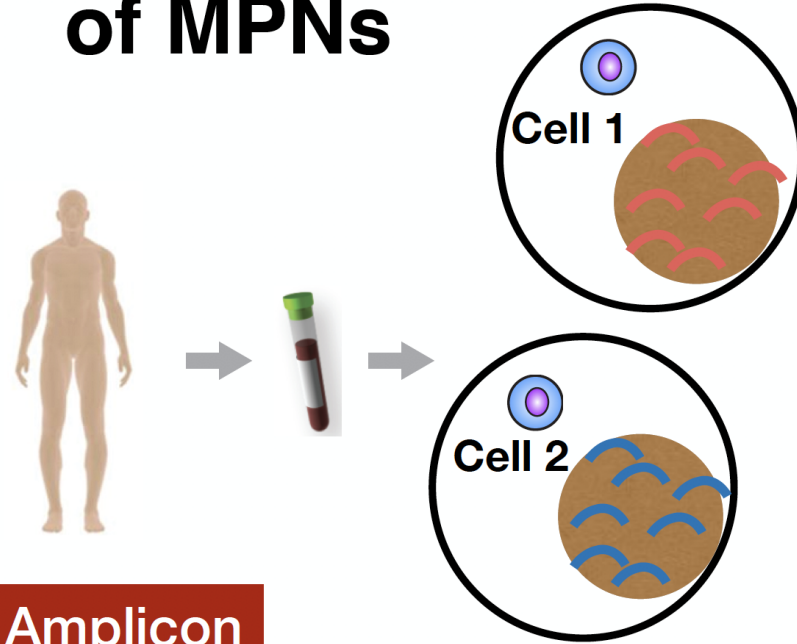
NGS sequencing (PB) shows: JAK2-V617F VAF = 68%, TET2S268\* = 32%



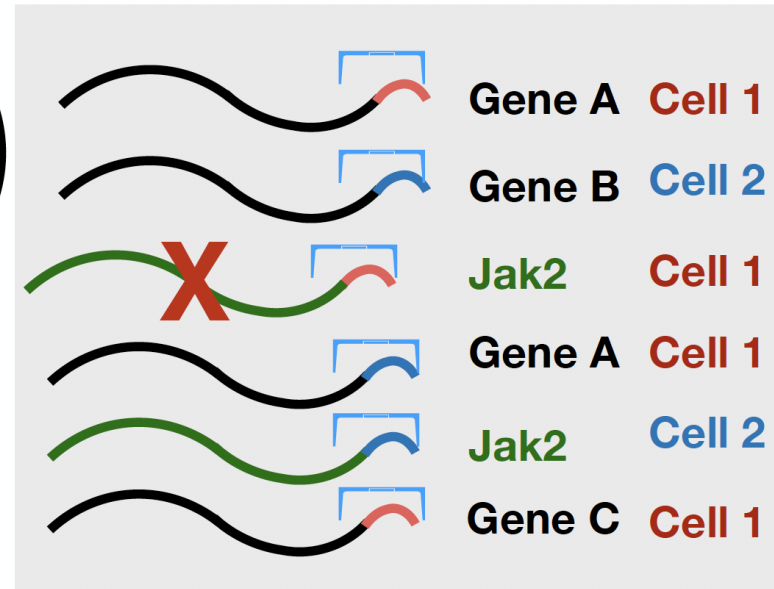
**In each patient, identify the mutant cells and characterize them**



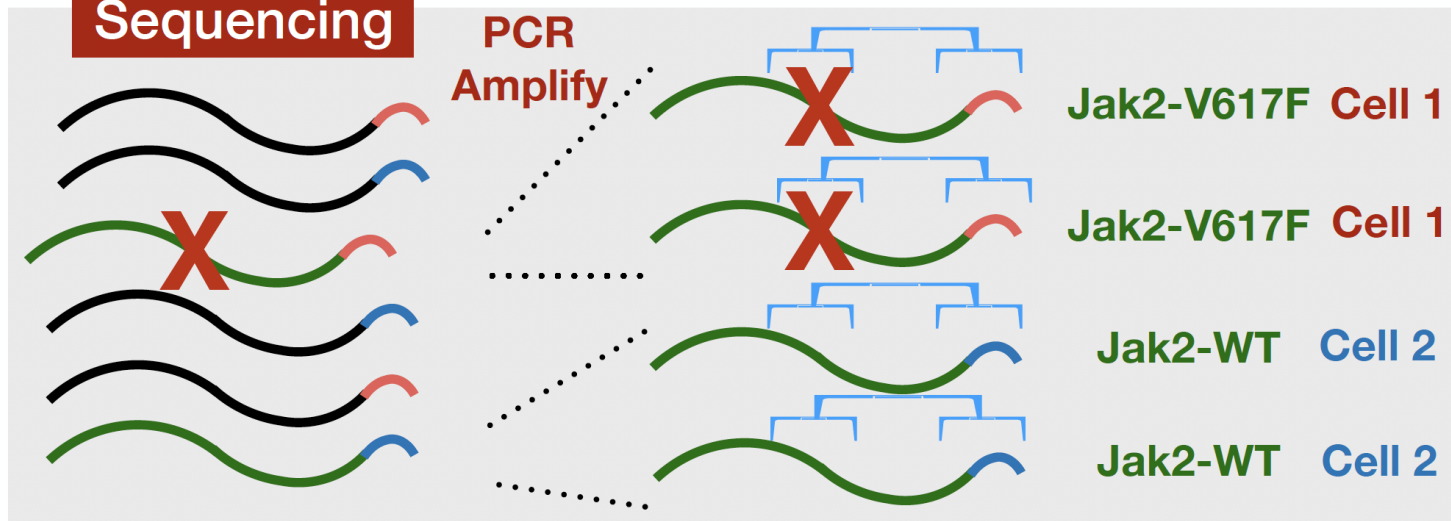
# Single-cell profiling of MPNs



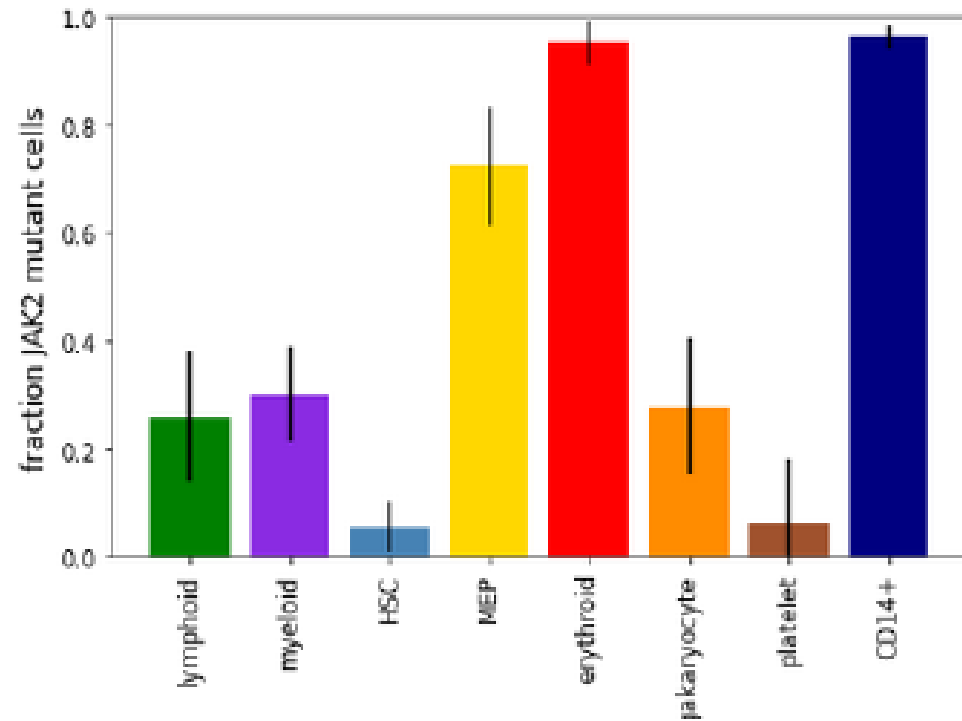
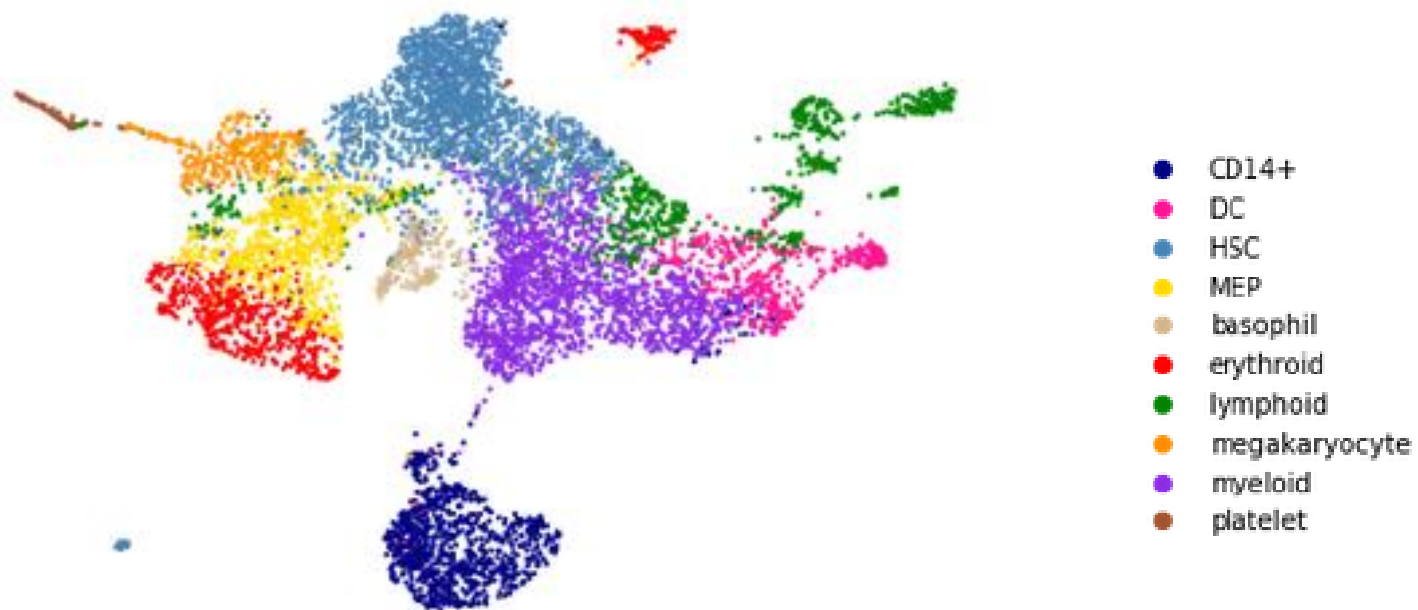
## 1. Full transcriptome sequencing



## 2. Amplicon Sequencing



cell type



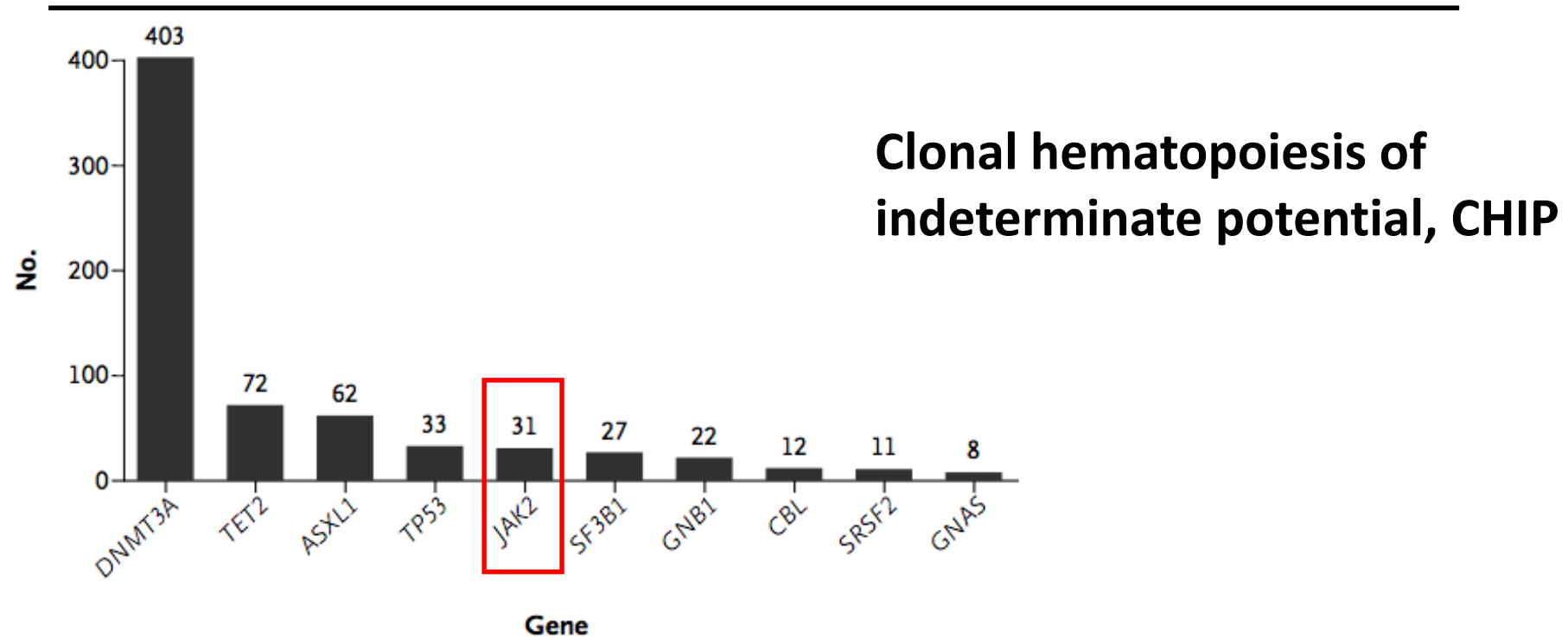
JAK2 WT transcripts



JAK2 mutant transcripts

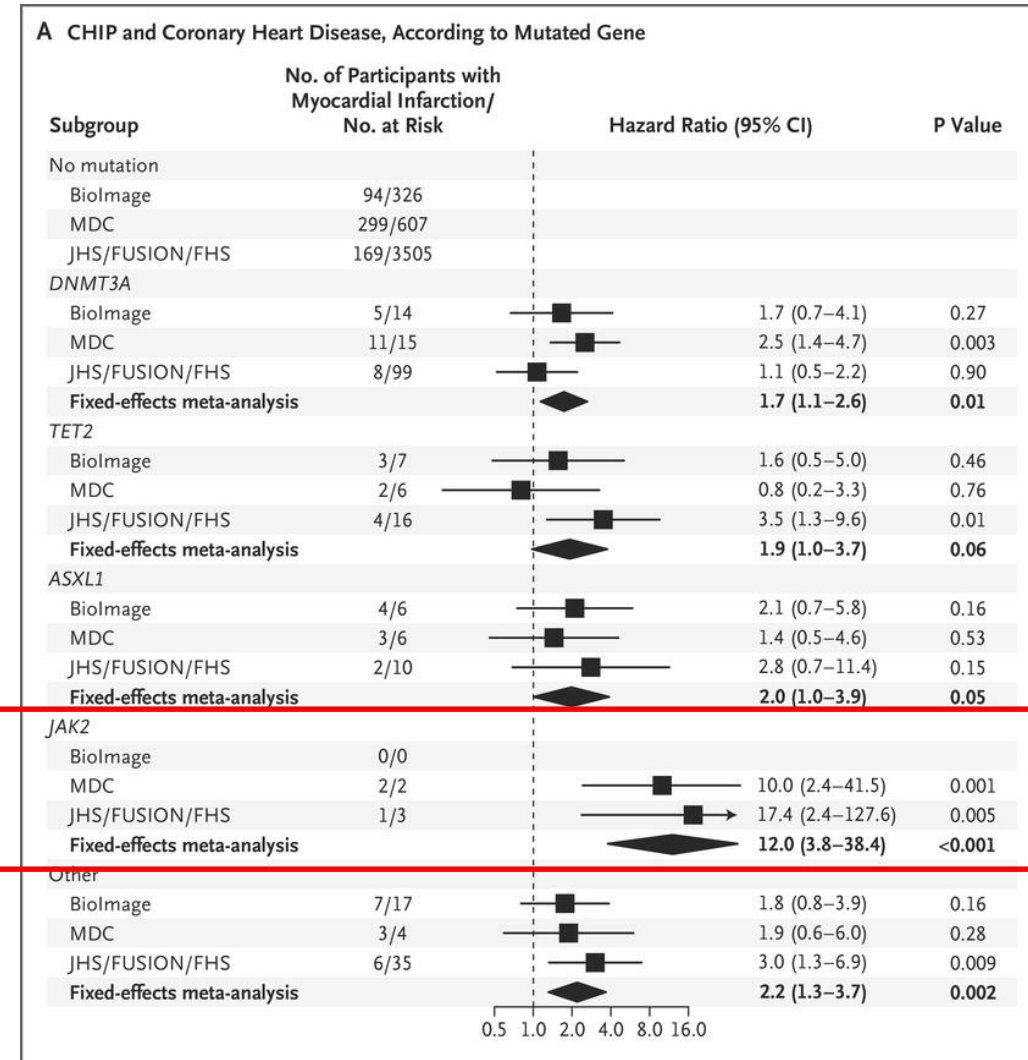


# JAK2V617F is sufficient to engender clonal hematopoiesis

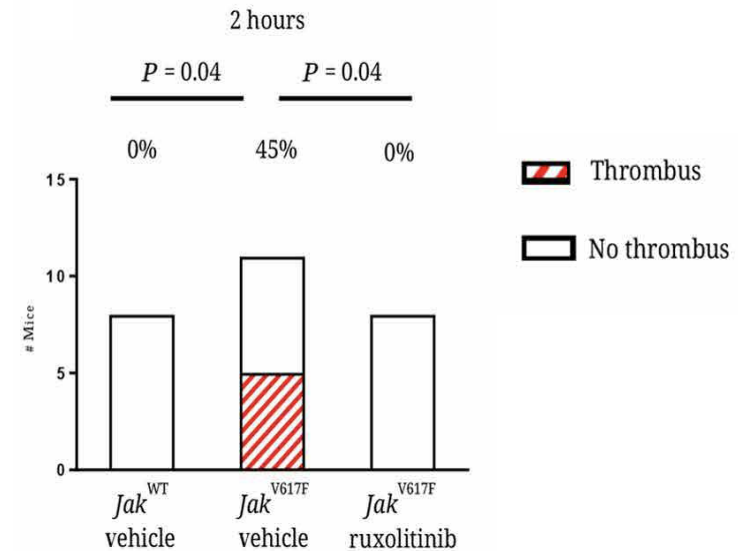
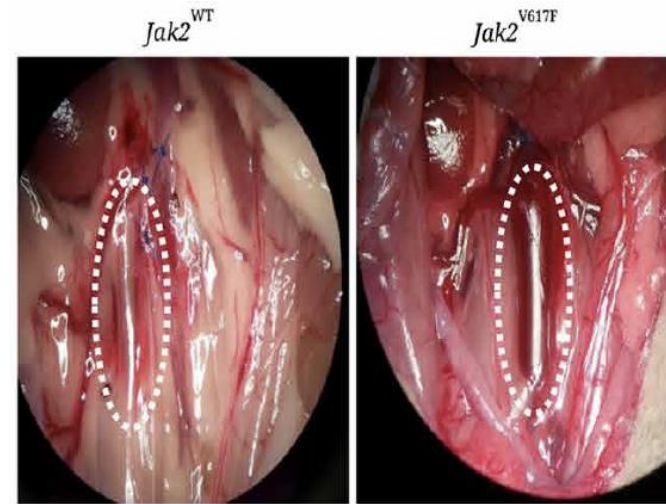
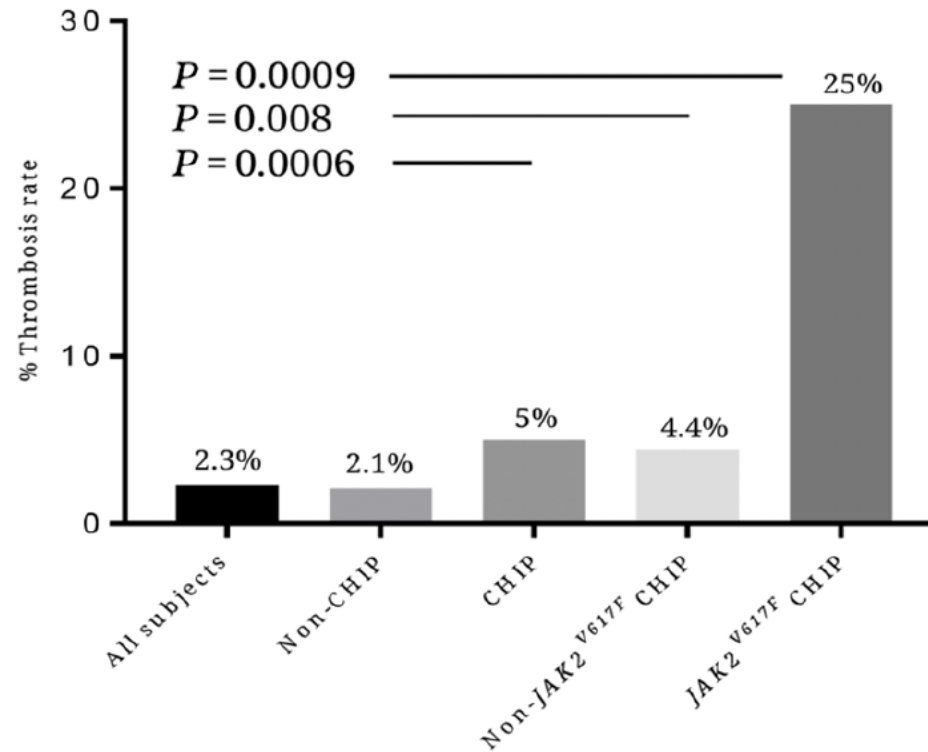


- Analyzed 17,182 whole-exomes
- Individuals WITHOUT a hematological malignancy
- Peripheral blood DNA source
- Assessed for variants in 160 known “blood cancer genes”

# JAK2V617F+ CHIP is clinically relevant - I



# JAK2V617F+ CHIP is clinically relevant - II

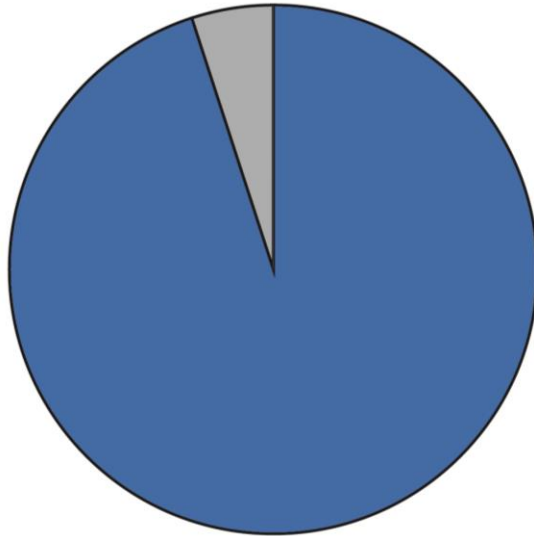




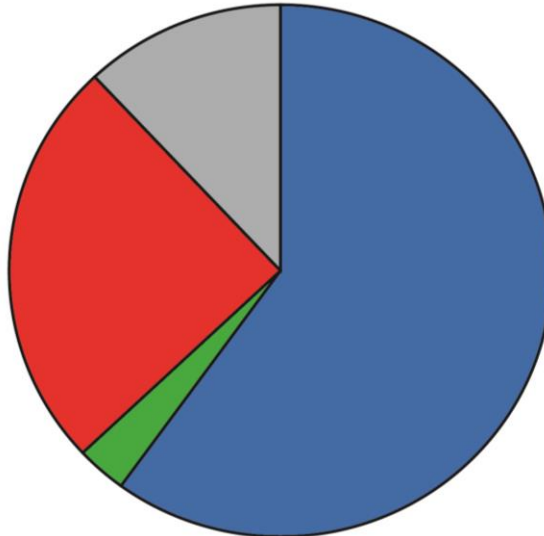
# MPN Phenotypic Driver Mutations

---

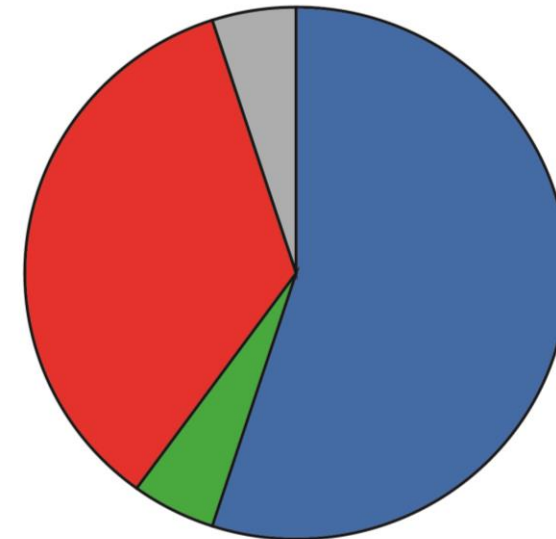
Polycythemia Vera



Essential Thrombocythemia



Myelofibrosis



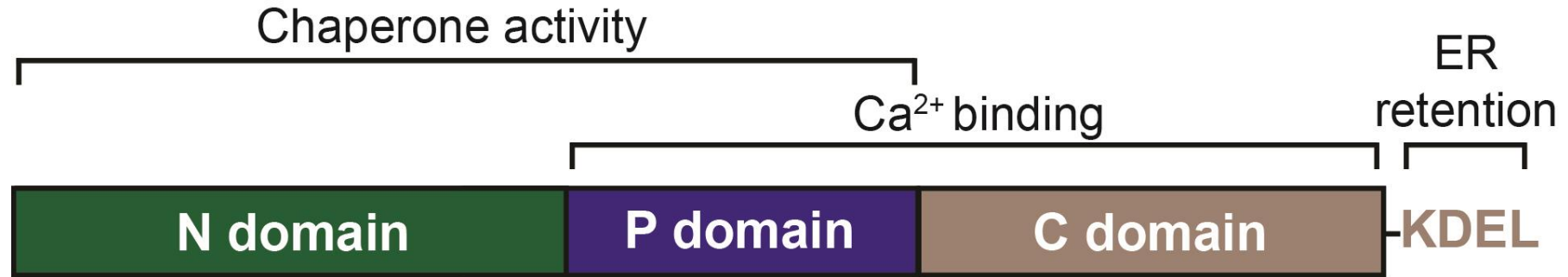
■ JAK2 mutated   ■ MPL mutated   ■ CALR mutated   ■ Triple negative

Baxter et al. *Lancet*. 2005 Mar 19-25;365(9464):1054-61.  
James et al. *Nature*. 2005 Apr 28;434(7037):1144-8.  
Kralovics et al. *N Engl J Med*. 2005 Apr 28;352(17):1779-90.  
Levine et al. *Cancer Cell*. 2005 Apr;7(4):387-97.

Pikman et al. *PLoS Med*. 2006 Jul;3(7):e270.  
Klampfl et al. *NEJM*. 2013 Dec 19;369(25):2379-90.  
Nangalila et al. *NEJM*. 2013 Dec 19;369(25):2391-2405

# Calreticulin (CALR)

---

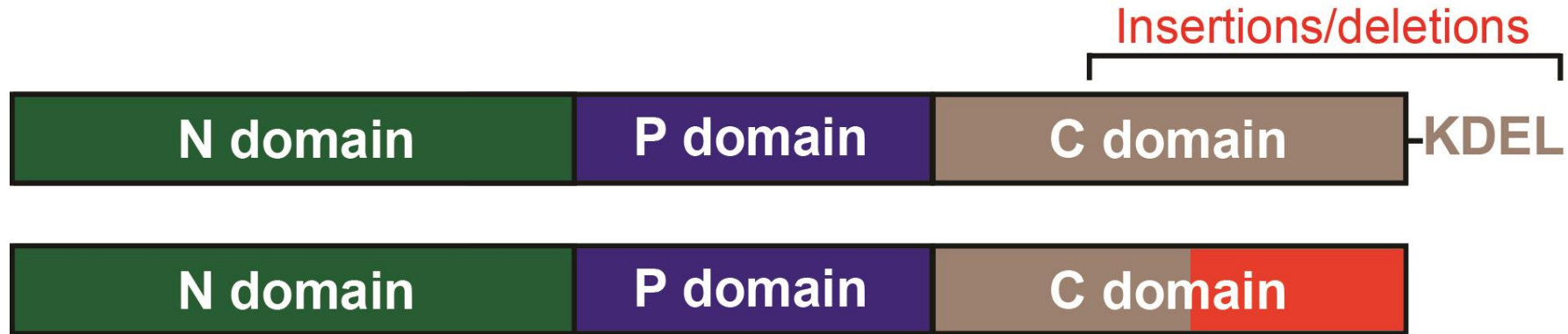


- Endoplasmic reticulum (ER) resident protein
- Quality control of protein folding in the ER
- Binds and stores Ca<sup>2+</sup>



# *CALR* mutations in MPN

---

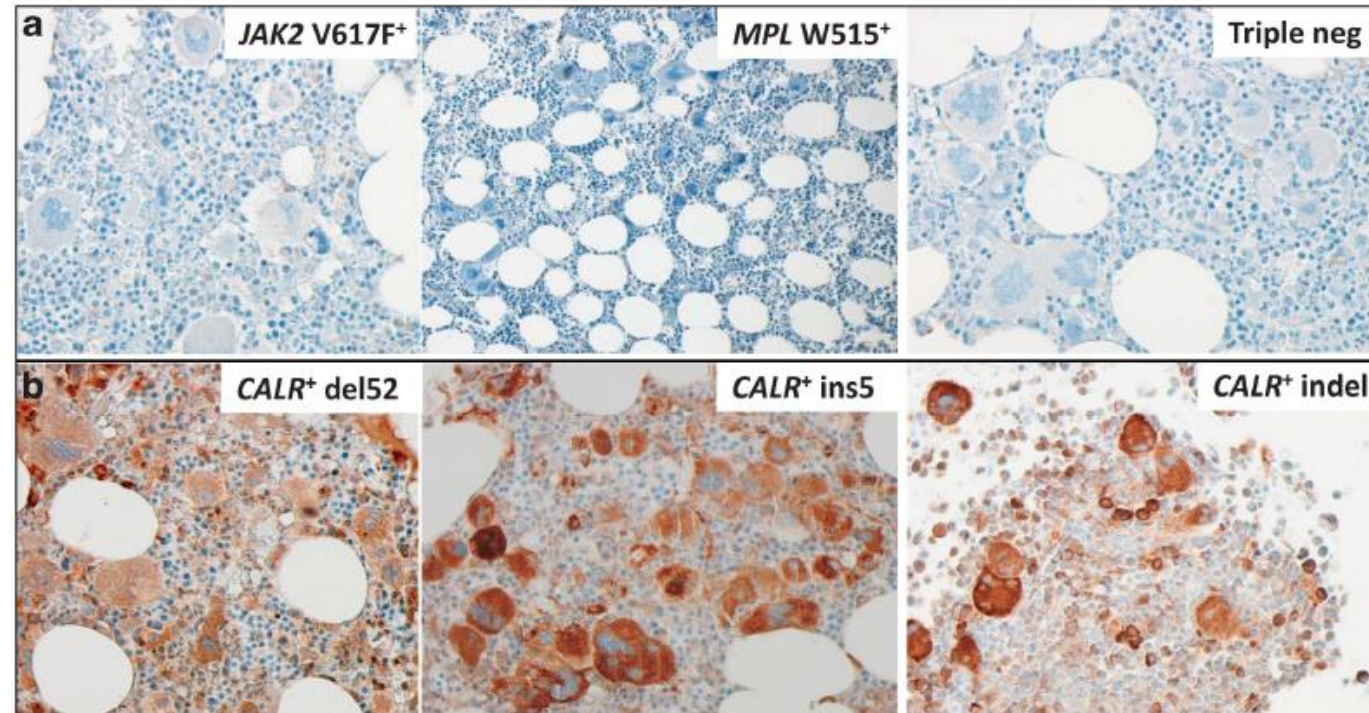


- Mutations occur as heterozygous insertions and/or deletions in exon 9
- ALL mutations cause a +1 bp frameshift leading to:

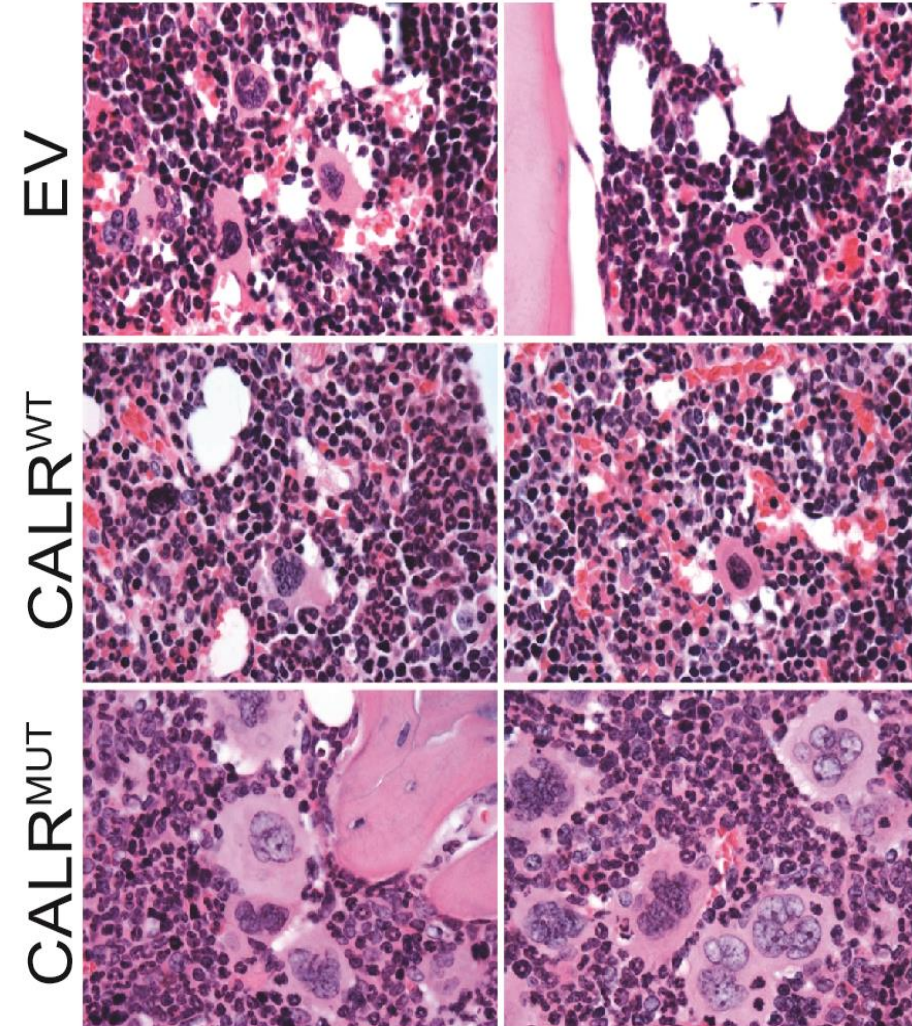
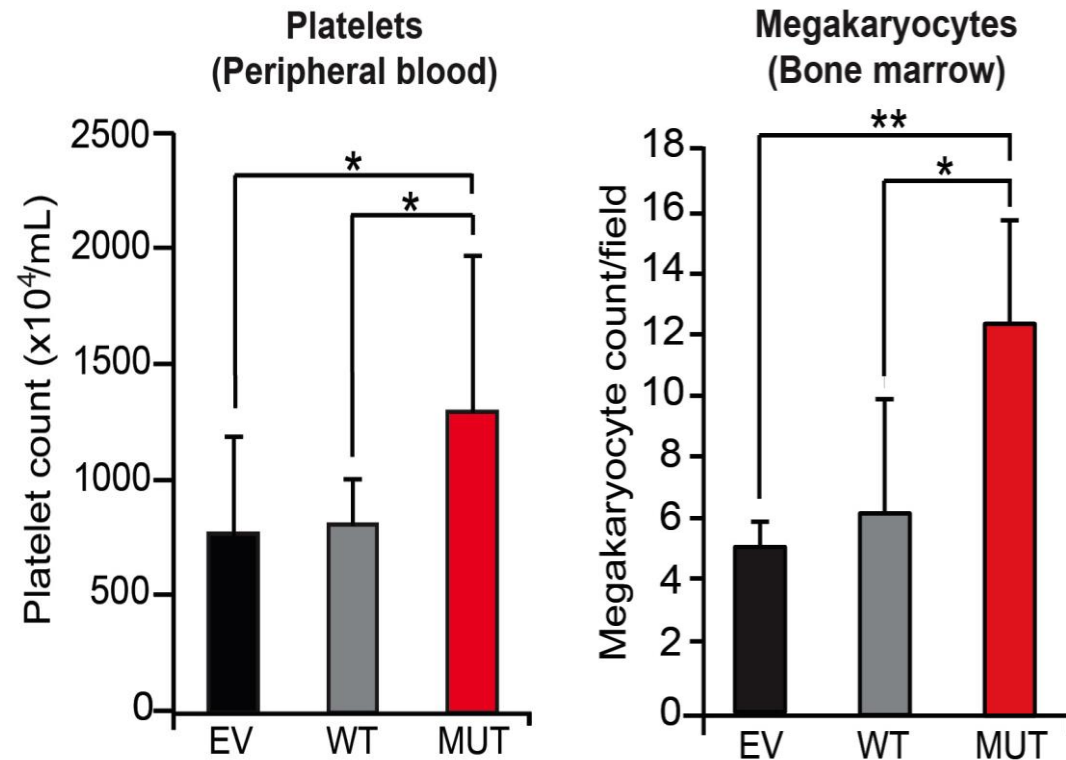
# Mutant-specific C-terminus of mutant CALR



**CALR<sup>WT</sup>** QDEEQRLKEEEEDKKRKEEEEAEDKEDDEDKDEDEEDEEDKEEDEEEDVPGQAKDEL  
**CALR<sup>MUT</sup>** QDEEQRTRRMMRTKM**RMRRMRRTRRKMRRKMSPARPRTSCREACLQGWTEA**

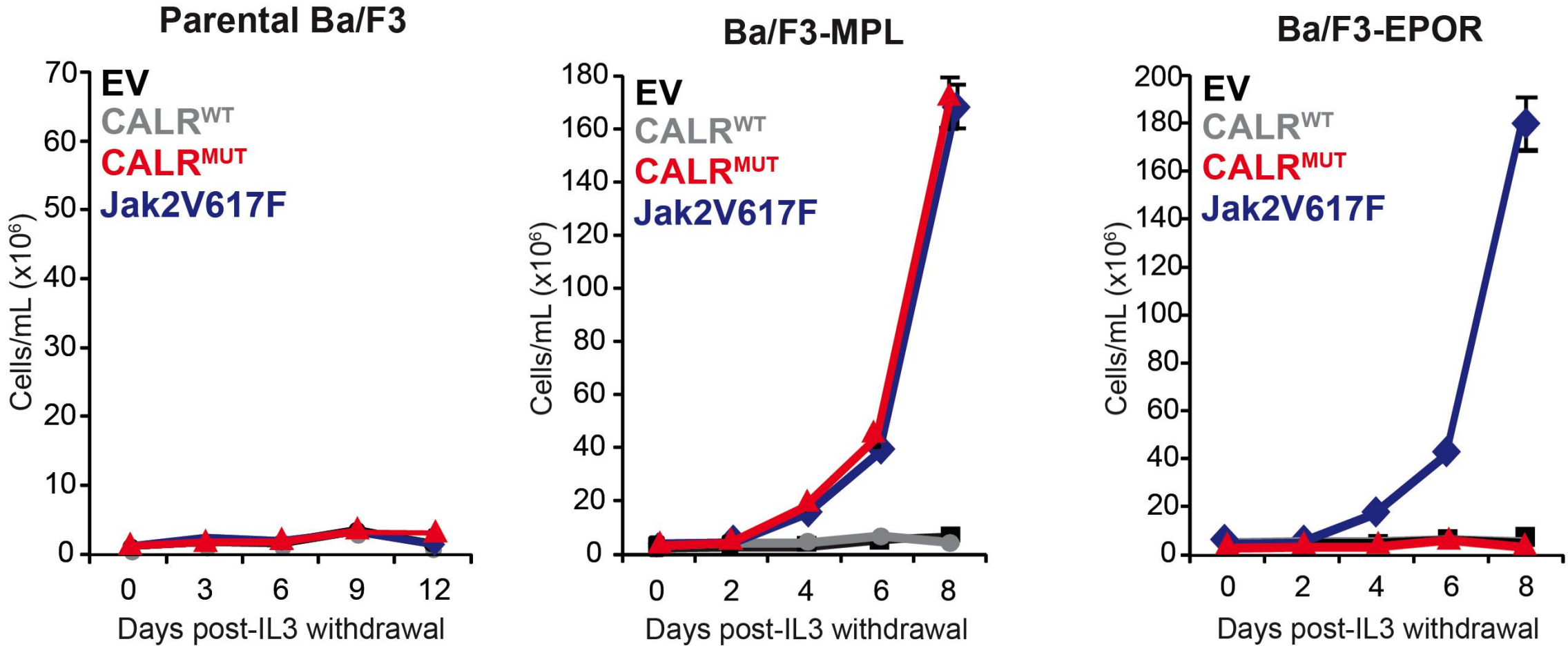


# Mutant *CALR* alone is sufficient to engender MPN

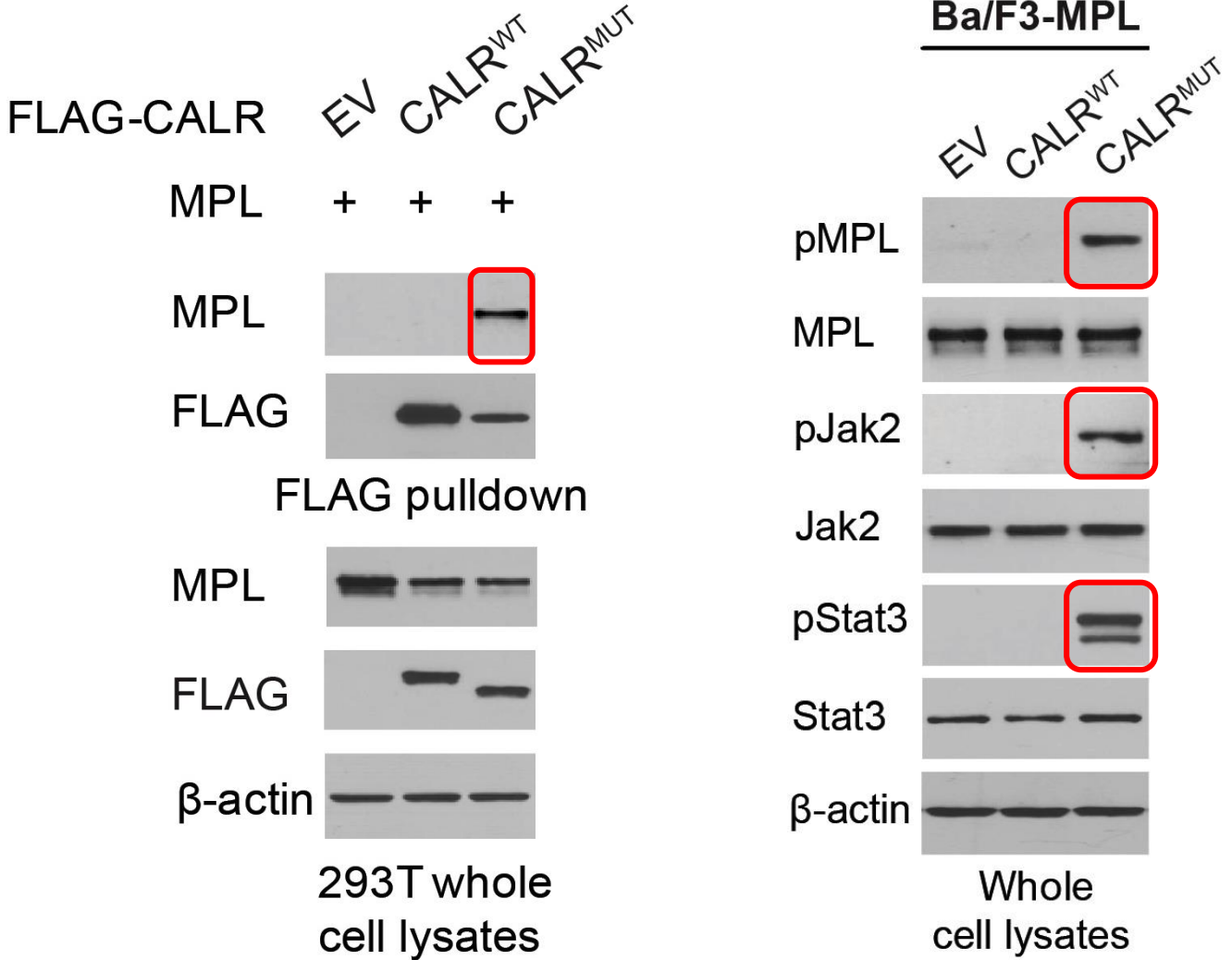




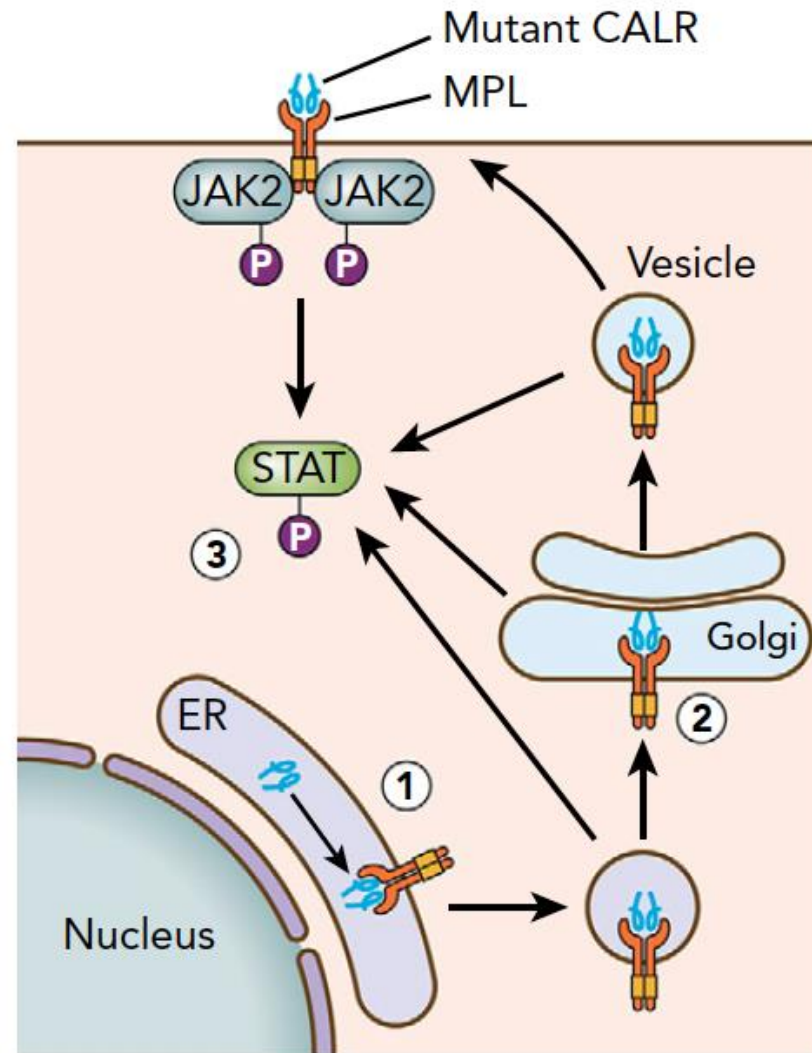
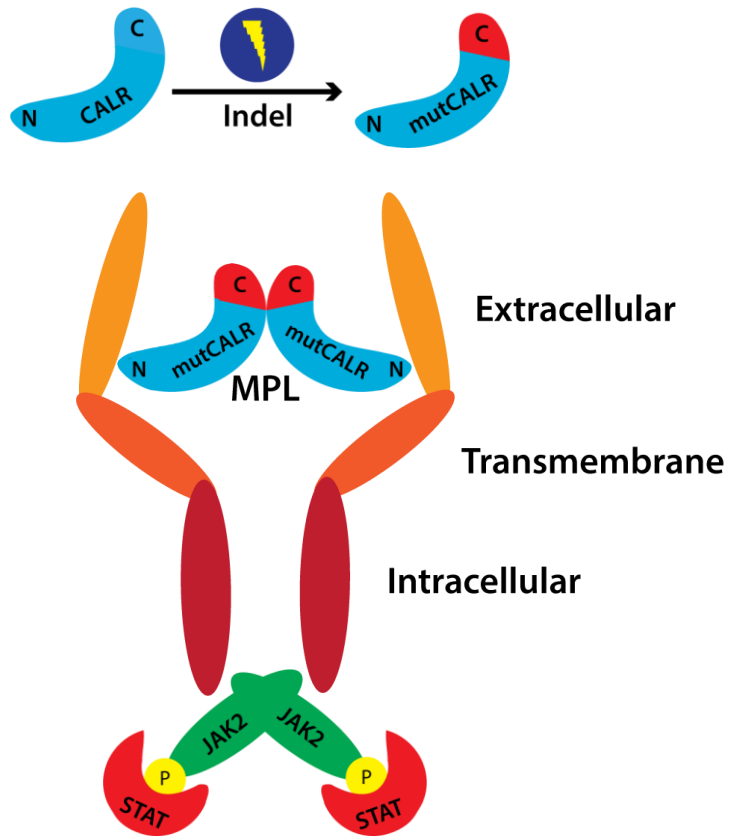
# MPL is required for mutant CALR-mediated transformation



# Mutant CALR binds MPL and activates JAK-STAT signaling to induce MPN

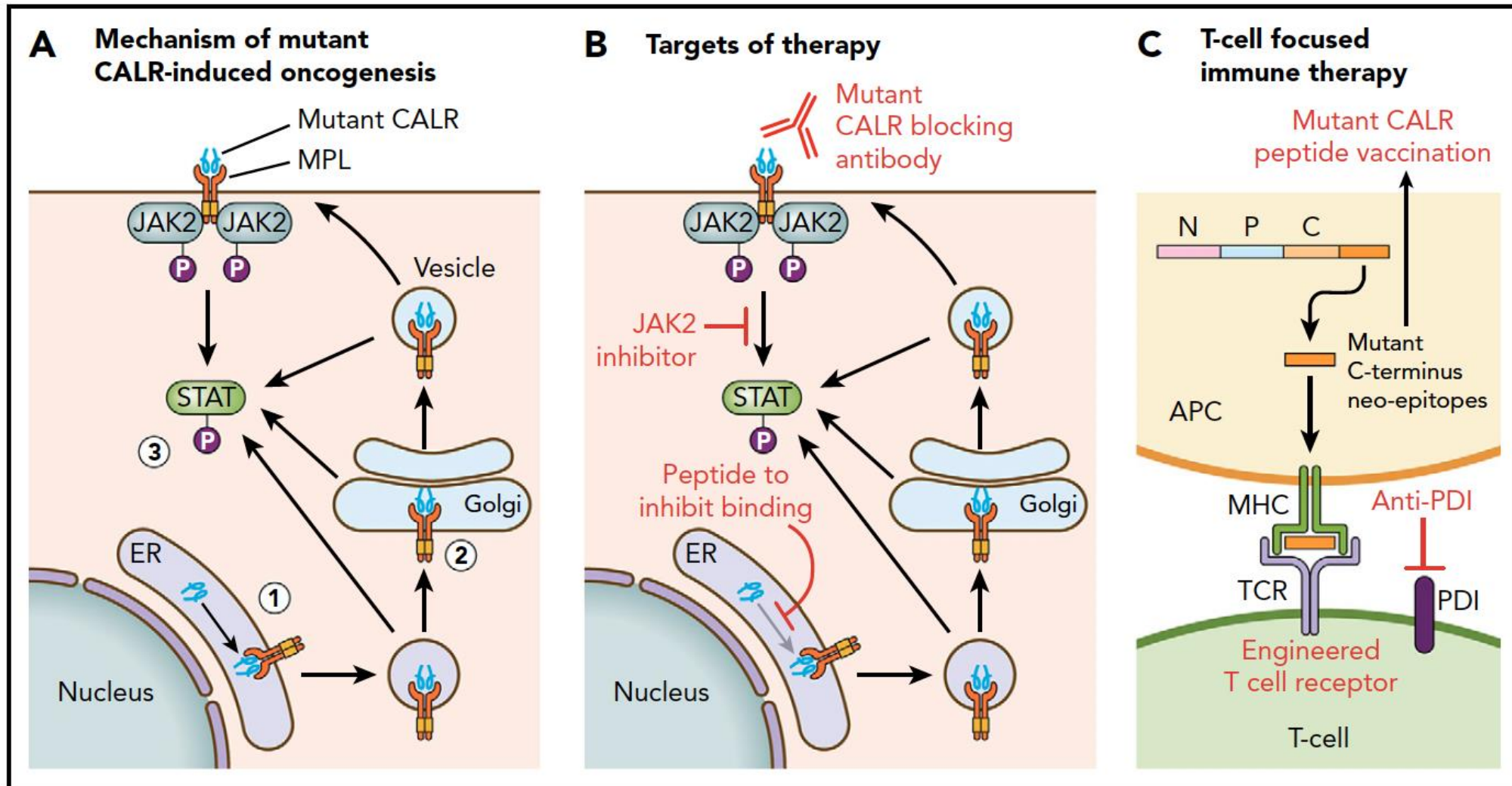


# Mechanism of mutant CALR induced oncogenesis



How, Hobbs & Mullally. Blood Spotlight 2019.

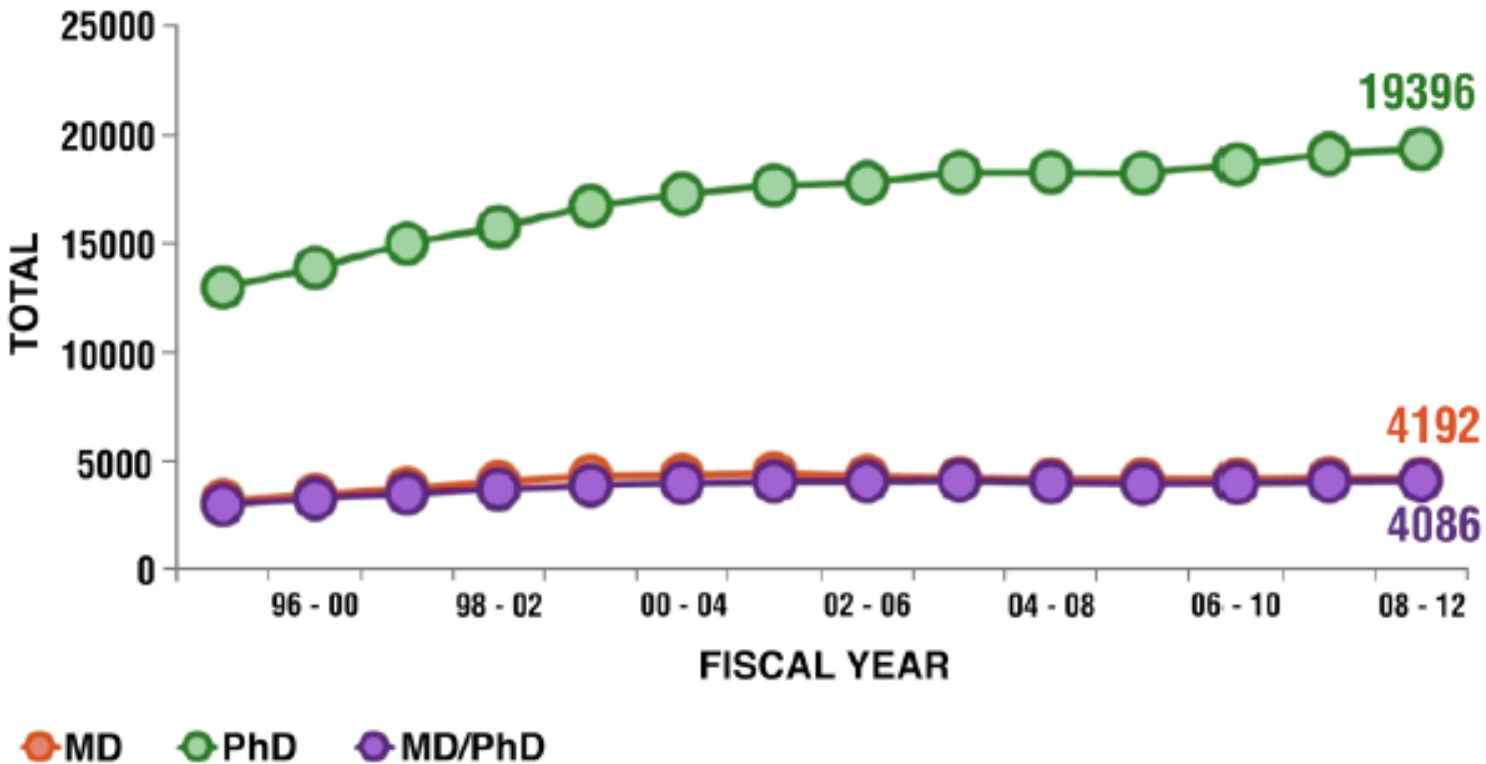
# Exploiting mutant CALR mechanistic insights for therapeutic benefit



# Saving the Endangered Physician-Scientist — A Plan for Accelerating Medical Breakthroughs

Mukesh K. Jain, M.D., Vivian G. Cheung, M.D., Paul J. Utz, M.D., Brian K. Kobilka, M.D., Tadataka Yamada, M.D., and Robert Lefkowitz, M.D.

*NEJM Perspective 2019*

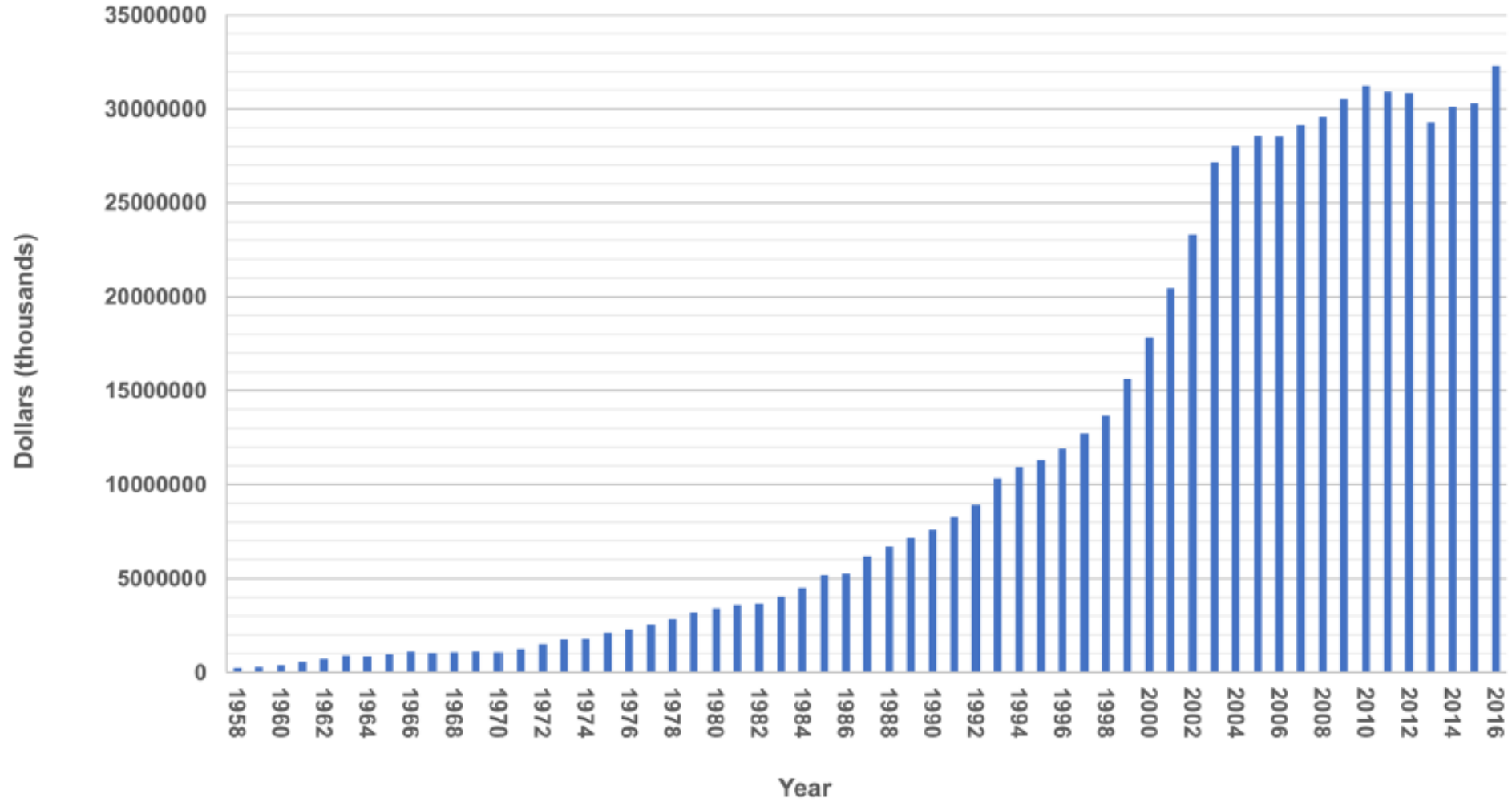




**Table 1. Issues Contributing to the Declining Numbers of Physician-Scientists.\***

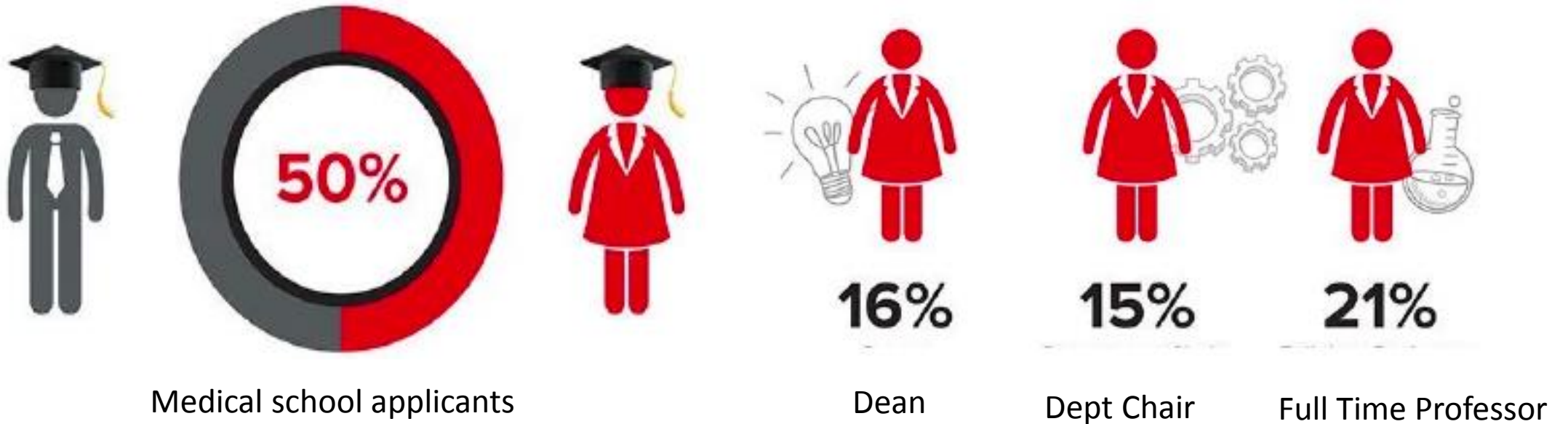
<b>Level</b>	<b>Issues</b>
Individual	<ul style="list-style-type: none"><li>Student debt</li><li>Child care and family responsibilities</li><li>Increasing length of time spent in training before being independent</li></ul>
Institutional	<ul style="list-style-type: none"><li>Negative effects of health care finances on research support</li><li>Reduced patient contact time that precludes evaluation of difficult cases</li><li>Decreasing numbers of, and decreasing exposure to, physician-scientist mentors</li><li>Insufficient protected time for research</li><li>Absence of organized physician-scientist career-development programs across specialties</li><li>Inflexible family-leave policies</li></ul>
National	<ul style="list-style-type: none"><li>Decreased or stagnant federal and nonfederal research funding</li><li>Increased specialization in medicine and science, leading to a widening gap between clinicians and researchers</li><li>Limited available funding for loan repayment programs, particularly for trainees in basic science disciplines</li><li>Increasingly challenging requirements for board certification and maintenance of certification</li><li>Lack of diversity in the physician-scientist workforce</li><li>Discrepancies in salary and benefits offered during clinical versus scientific training, in part owing to ACGME policies</li></ul>

# National Institutes of Health Budget: 1959 to 2016



# Why Aren't There More Women Leaders in Science?

---



*Dr. Gwen Nichols, CMO, Leukemia & Lymphoma Society  
Scientific American 2018*

# Acknowledgements



## Former Lab Members:

Dr. Shannon Elf (U. Chicago)  
Dr. Edwin Chen (University of Leeds)  
Nouran Abdelfattah (HMS BBS)  
Dr. Michele Ciboddo (Pavia)  
Anastasia Kosmidou (Ulm)  
Kaisa Pakari (Heidelberg)



[mullallylab.bwh.harvard.edu](http://mullallylab.bwh.harvard.edu)



@MullallyLab

