

## Contact Details

**Society Administrator:** Deborah Millar administrator@ums.ac.uk

Website: www.ums.ac.uk  
(See website for details of meetings,  
Ulster Medical Journal, membership applications forms etc)

## Council 2023 – 2024

### Office-bearers

**President:** Dr Athinyaa Thiraviaraj

**Immediate Past President:** Professor Nigel Hart

**President Elect:** Dr Mark Roberts

**Honorary Secretaries (joint):** Dr Graeme Greenfield and Dr Adam Metcalfe

**Honorary treasurer:** Professor Mary Frances McMullin

**Honorary Assistant Treasurer:** Ms Geraldine Gallagher

**Honorary Editor:** Professor David Armstrong

**Honorary Archivist:** TBD

**Junior Member:** Dr Adam Metcalfe

**Student Member:** Joanna McNulty

### Members

Dr Clifford McMillan

Dr Carol Wilson

Dr Richard Conn

Dr Hannah O'Hara

Dr Rick Plumb

Dr Aideen Keaney

### Trustees

Dr JF Douglas

Dr AEW Gilliland

Prof GE McVeigh

Dr CM Ritchie

Prof RW Stout

Dr CM Wilson

# ULSTER MEDICAL SOCIETY

## PROGRAMME 2023 - 2024



**" TODAY'S THINKING  
TRANSFORMING TOMORROW "**

President  
Dr Athinyaa Thiraviaraj



### Dr Athinyaa Thiraviaraj

Athinyaa is a diabetes doctor working in Derry. She undertook her under-graduation in Chennai, India and pursued her postgraduate training in Northern Ireland completing her speciality training in 2012. Athinyaa now works as a Consultant Physician in Endocrine & Diabetes at Altnagelvin Hospitals in Derry/Londonderry @WesternHSCTrust. She is a Fellow of the Scottish Quality and Safety fellowship Cohort 9 @SQSFellowship and a qualified quality improvement team coach @FCACoaching. She is Director of Medical Education at Western Trust.

Athinyaa's interests are Medical education, quality improvement, type 1 diabetes, diabetes in pregnancy and diabetes care in the young person. Her interests lie in exploring new interfaces and technology that

can enhance the experience for the user in both health care and education. Mottos that best describe Athinyaa's approach to life:

- *Festina lente* (make haste slowly);
- Be the change you wish to see in the world.

You can find her @athinyaa (platform previously called Twitter)



### UMS Lecture/Meeting Dates

Date	Lecture	Speaker & Subject	Venue	Time
Thurs 12 <sup>th</sup> Oct	Presidential Address	Dr Athinyaa Thiraviaraj <i>Consultant Physician in Diabetes and Endocrinology Western HSCT and President Ulster Medical Society</i> <b>Portrait of a Clinician</b>	PG Centre, BCH	7.30pm
Thurs 19 <sup>th</sup> Oct	UMS	Dr Sean Owens <i>GP, Blackrock Co Louth</i> <b>Embracing Planetary Health: a generational opportunity for modern healthcare</b>	PG Centre, BCH	7.30pm
Thurs 2 <sup>nd</sup> Nov	Joint meeting UMS with BCH	Dr Shane McKee <i>Consultant in Genetic and Genomic Medicine, Belfast City Hospital, Clinical Director Regional Molecular Diagnostics Service &amp; Deputy Chief Clinical Information Officer, Belfast HSC Trust</i> <b>Pandora's Lego - assembling the components of tomorrow's healthcare</b>	PG Centre, BCH	Buffet 6.30pm Lecture 7.30pm
Thurs 9 <sup>th</sup> Nov	UMS/QUB/NIMDTA Joint Meeting	Trainee Research Day Professor Calum MacCrae <i>Director One Brave Idea/PI, Apple Heart &amp; Movement Study/Vice Chair for Scientific Innovation Department of Medicine Brigham and Women's Hospital/Professor Harvard Medical School</i>	Online	9.00am – 12.30pm
Thurs 16 <sup>th</sup> Nov	Robert Campbell Oration	Professor Seán Dinneen <i>Consultant Endocrinologist, Galway University Hospitals, Galway and Professor of Diabetic Medicine, University of Galway, Galway, Ireland</i> <b>Delivering person-centred care: a diabetologist's perspective?</b>	PG Centre, BCH	7.30pm
Thurs 7 <sup>th</sup> Dec	The Gary Love Lecture Joint meeting with Ulster Society for History of Medicine	Dr Michael Trimble <i>Clinical Reader in the Centre for Medical Education, Queen's University Belfast &amp; Consultant in Acute Medicine, Royal Victoria Hospital Belfast</i> <b>Sir William Whitla and the Apocalypse</b>	South Lecture Theatre Queen's University Belfast	7.30pm
Thurs 11 <sup>th</sup> Jan	Joint Meeting with Ulster Obs & Gynae Society	Dr Jonny Cash <i>Consultant Hepatologist in the NI regional liver unit, RVH</i> <b>Liver disease in pregnancy</b>	PG Centre, BCH	7.30pm
Thurs 25 <sup>th</sup> Jan	UMS	Dr Emma Wilmot <i>Associate Professor University of Nottingham, Honorary Consultant Diabetologist University Hospitals of Derby &amp; Burton and Founder ABCD Diabetes Technology Network UK</i> <b>Diabetes care: Technology now and the future</b>	Online	7.30pm
Thurs 8 <sup>th</sup> Feb	UMS	Dr Camille Harron <i>Postgraduate Medical Dean and Director of Education at NIMDTA</i> <b>Liberating Postgraduate Medical Education: Principles and Practice</b>	PG Centre, BCH	7.30pm
Thurs 22 <sup>nd</sup> Feb	UMS	Clare Morrison <i>Director of Community Engagement, Healthcare Improvement Scotland</i> <b>Leading change: learning from projects that spread</b>	Online	7.30pm
Thurs 7 <sup>th</sup> Mar	Desmond Whyte Lecture	Lorna Ross <i>Chief Innovation Officer, VHI Health and Wellbeing and Big Life Fix Science</i> <b>Insights, contradictions &amp; tensions in healthcare innovation; a design perspective on systemic change</b>	Centre of Medical & Dental Education & Training, Altnagelvin Area Hospital	Buffet 6.30pm Lecture 7.30pm
Thurs 21 <sup>st</sup> Mar	Sir Thomas and Lady Edith Dixon Lecture	Professor Cathryn Edwards <i>Registrar, Royal College of Physicians; Visiting Professor, University of Cape Town; Consultant Gastroenterologist, Torbay and South Devon NHSFT;</i> <b>Providing healthcare leadership through challenges</b>	PG Centre, BCH	7.30pm
Fri 26 <sup>th</sup> Apr	UMS	<b>Annual Dinner</b>	The Great Hall QUB	7.30pm
Thurs 9 <sup>th</sup> May	UMS	<b>AGM</b>	UMS Rooms	5pm

All lectures can be booked via Eventbrite at <https://www.eventbrite.com/cc/ulster-medical-society-lectures-1108089> or by emailing [administrator@ums.ac.uk](mailto:administrator@ums.ac.uk)